

P.E. Curriculum Sequencing Key Stage 1



Year	Autumn		Spring		Summer	
Year A 2024-25	Handball (Ball Skills) Outdoor Learning	Gymnastics (Movement skills)	Fitness (Movement skills)	Netball (Teamwork)	Rounders (bat and racket) Swimming	Orienteering (Movement skills) Swimming
Year B 2025-26	Football (Ball Skills)	Badminton (Bat and racket)	Dance (Movement skills)	Dodgeball (Teamwork)	Hockey (ball skills) Swimming	Athletics (Movement skills) Swimming
Key Stage 2						
Year A 2022-23	Tag Rugby	Gymnastics	Dance	Netball	Athletics Swimming	Orienteering Swimming
Year B 2023-24	Football	Badminton	Dance	Dodgeball	Golf Swimming	Athletics Swimming
Year C 2024-25	Tag Rugby	Gymnastics	Fitness	Volleyball	Cricket Swimming	Orienteering Swimming
Year D 2025-26	Football	Tennis	Dance	Basketball	Hockey Swimming	Athletics Swimming